

### 1. Mango Shake

Aam ki mithaas, dhoodh ki thandak, aur ice cubes ka magic - Mango Shake har summer ka superstar hai!

Ingredients:

- 2 ripe mangoes (peeled & chopped)
- 1 cup chilled milk
- 1 tbsp sugar or honey
- Ice cubes

Steps:

Blend all ingredients until smooth. Serve chilled with a mango slice garnish.

### 2. Matka Malai Kulfi

Malai se bhari, matke mein set hui kulfi swad aur nostalgia dono ka combo hai.

Ingredients:

- 1 litre full-fat milk
- 1/2 cup condensed milk
- 1/4 tsp cardamom powder
- Chopped dry fruits

Steps:

Boil milk till thick, add condensed milk & cardamom. Pour into matkas, freeze overnight.

### 3. Nimbu Pani Popsicles

Garmi ki gudiya jise freezer mein banate hain - Nimbu Pani Popsicles!

Ingredients:

- 4 lemons (juice)

- 3 tbsp honey or sugar
- 4 cups water
- Mint leaves, black salt

Steps:

Mix all ingredients, pour in molds, freeze 6-7 hours. Enjoy chilled.

### 4. Banana Vanilla Smoothie

Banana aur vanilla ka dreamy combo, healthy bhi tasty bhi.

Ingredients:

- 1 ripe banana
- 1 cup milk (chilled)
- 1/2 tsp vanilla essence
- Honey (optional)

Steps:

Blend banana, milk, vanilla & honey. Serve with ice or chia seeds.

### 5. Mango Stuffed Ice Cream

Alphonso aam ke andar bhar diya gaya malai wala ice cream - ek surprise bite!

Ingredients:

- 2 Alphonso mangoes (whole)
- 1 cup cream or kulfi mix

Steps:

Scoop mango seed area, fill cream inside. Freeze, slice and serve.